

Practice Activation and False Alarm Review

A short learning review for practice activations and false alarms, to strengthen confidence, configuration and response without blaming the worker.



VERSION	v1.1	PUBLISHED	August 2026	REVIEW	Annually or after an incident
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HOW TO USE THIS TOOL

Complete it with the worker, not about them. A false alarm is still useful evidence: review usability, practice, configuration and work pressure before concluding that someone simply made a mistake.

1 EVENT DETAILS

Worker and team

Date, time and location

Device or app

Event type

NOTES AND ACTIONS

2 WHAT HAPPENED?

STAGE	REVIEW PROMPT	NOTES AND EVIDENCE
Trigger	What was the worker trying to do, and how was the alert activated?	
Acknowledgement	What confirmation did the worker see, hear or feel?	
Response	Who responded, how quickly, and what information did they use?	
Cancellation	Was cancellation understood, safe and correctly recorded?	
Confidence	What felt clear, confusing, difficult or reassuring to the worker?	
System	Did signal, location, profile, contacts and escalation operate as expected?	

NOTES AND ACTIONS

3

LEARNING ACTION

DECISION

SELECT

OWNER AND DATE

No change needed, reason recorded

[]

Brief or practise

[]

Change configuration

[]

Update procedure or risk assessment

[]

Escalate to supplier or monitoring provider

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NOTES AND ACTIONS

LIMITATIONS

This review looks at one activation. Repeated false alarms are a pattern worth investigating properly, and a worker who stops raising alarms because of how a review felt is a worse outcome than the false alarm was.

SUPPORT

Safety Solutions Training helps employers build the confidence to raise an alarm early and the systems to respond well when they do. Call 02920 657753 or visit safetysolutionstraining.co.uk.

ADDITIONAL NOTES, ACTIONS AND FOLLOW-UP